

*This half term we
will be looking at:*

Belonging to a Community



The 7 R's

- Refuse
- Reduce
- Re-use
- Rot
- Recycle
- Repair
- Re-think

1. Refuse - politely saying no to things you don't need

e.g. a plastic bag at the supermarket, the latest phone when the one is actually ok



2. Reduce - using less

e.g. use less energy by turning off lights, use less water by not letting the tap run when you brush your teeth, use less packaging by buying fruit loose rather than in plastic containers



3. Re-use - using things as thoroughly as you can rather than throwing them away

e.g. take old toys to the charity shop, use old glass jars to store things in, use food leftovers for another meal



4. Rot - turn any food waste that can't be reused into compost and use in the garden



5. Recycle - all plastic, paper, metal and glass waste plus anything else that can be recycled (clothes, batteries etc.)



6. Repair - rather than immediately throwing something away if it's broken.

e.g. electrical goods can often be fixed bicycles, etc. Repairing things such as a leaking tap (saving water) or a car that is throwing out a lot of smoke (harmful emissions) can have a positive impact on the environment



7. Re-think - work out some creative ways to do things that are less damaging to the environment

e.g. manufacturers using less packaging for their products, or packing things in more environmentally friendly materials





Refuse



Reuse



Repair



Rethink



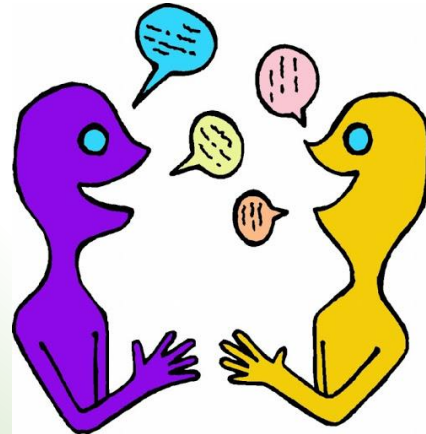
Rot



Reduce

Recycle

Can you think of any examples we apply the 'Seven Rs' at school or at home?



How could we apply the 7 R's?



Scenario 1

Harold has a bath every day. He fills the bath right up to the brim, adds a splash of his favourite bubble-bath and lies there for hours! He especially likes a bath on a Sunday after he's played rugby and got really muddy! He knows he doesn't need to have a bath every day, but he just loves bath time!

How could we apply the 7 R's?



Scenario 2

At school, Harold notices that the one of the cleaners, Mr Spruce, throws all the scrap paper from the classrooms into the general rubbish bin. Harold thinks that there's a special bin outside by the school kitchen for paper and cardboard.

How could we apply the 7 R's?

Scenario 3

Harold is at the supermarket with his dad. Harold's dad sees an offer for his favourite cheese (did you know giraffes love cheese?). It's a 'Buy One Get One Free' offer. "Brilliant!" says his dad and puts two of the big blocks of cheese in the trolley. Harold smiles, but then suddenly remembers that he saw a lump of mouldy cheese in the fridge this morning when he was getting some milk for his cornflakes.

How could we apply the 7 R's?



Scenario 4

Harold's watching his favourite film when the DVD player breaks! His mum says they should just buy a new one, but Harold knows that one of his older cousins is really good at fixing electronic things.

How could we apply the 7 R's?



Scenario 5

Harold is helping his dad to make lunch. They are peeling and chopping vegetables, then putting all the peelings into the bin. Just then, Harold's mum arrives home from the supermarket. She has bought a big bag of compost. "I think we should grow our own vegetables this year," she announces. "So I've bought this to add to the vegetable patch in the garden."

Activity

- Choose one of the Seven Rs and draw a poster to promote that method of environmental sustainability. The poster must show practical way(s) of using that method.
- Research your own ideas and create a poster.

